

CHINOOK

S W I M M I N G

Congratulations to all of our swimmers at the 2010 Midlakes Championships!!!

Tyler Arnold	Fairwood	Robbie Homchick	MIBC	Emily Dittig	Phantom Lake
Chase Bublitz	Fairwood	Brett Mills	MICC	Willie Dittig	Phantom Lake
Bella Chilczuk	Fairwood	Ian Piper	MICC	Jared Graham	Phantom Lake
Haley Childress	Fairwood	Sara Gluck	MICC	Blaire Ziegman	Phantom Lake
Michaela Childress	Fairwood	Kristin Hoffman	MICC	James Buchanan	Rolling Hills
Taylor Childress	Fairwood	Brian Williamson	MICC	Connor Donahue	Rolling Hills
Caitlin Couch	Fairwood	Alyssa Hatsukami	MSC	Andrew Sun	Samena
Jake Dacus	Fairwood	Anna LaCroix	MSC	Ben Gode	Strattonwood
Jake Davies	Fairwood	Conor O'Shea	Newport Hills	Jack Bentsen	Tam O'Shanter
Abigail Long	Fairwood	Kaitlyn Anderson	Newport Yacht Club	Catherine Fisher	Tam O'Shanter
Alyssa Miron	Fairwood	Ellen Peterson	Newport Yacht Club	Cooper Matson	Tam O'Shanter
Yutaka Miyake	Fairwood	Cecilia Tremaine Nelson	Newport Yacht Club	Anna Moody	Tam O'Shanter
Cameron Whiting	Fairwood	Rylee Siripipat	Norwood	Kayley Ray	Tam O'Shanter
Keenan McClanahan	Maple Hills	Kaelyn Cook	Phantom Lake	Spencer McClure	Triangle
Taylor Clay	Maple Hills	Samantha Dimmer	Phantom Lake	Luke Walker	Woodridge
		Sean Dimmer	Phantom Lake		

Come Join Our Team!!

Chinook Aquatic Club invites new swimmers to tryout

Chinook Aquatic Club has been training young people in healthy athletic competition since 1976. We take pride in the accomplishments of our swimmers and see the swimming experience as one that provides important life skills to all our members, regardless of age or ability. Goal-setting, self-discipline, persistence, the value of hard work and positive thinking are some of the skills swimmers take with them into all aspects of their lives.

Chinook training groups are organized by ability level so that swimmers develop skills at their own pace. Swim meets are organized throughout the year for ability levels, so even novice swimmers can participate in the competitive experience.

Come to an open house tryout in July at the following times & locations:

Mercer Island (JCC)	Wednesdays, 7/21, 7/28	@ 6:00 pm
Bellevue (Bellevue Aquatic Center)	Wed, 7/21; Fri, 7/23; Mon, 7/26	@ 6:00 pm
Renton (Lindbergh HS Pool)	Tues, 7/20; Fri, 7/23; Tues, 7/27; Thurs, 7/28	@ 6:00 pm

OR

Tryouts in September at the following times & locations:

Mercer Island (JCC)	Thursday, 9/9	@ 5:00 pm
Bellevue (Bellevue Aquatic Center)	Friday, 9/10	@ 6:00 pm
Renton (Lindbergh HS Pool)	Monday, 9/13	@ 5:00 pm

FOR MORE INFORMATION check out www.chinookaquaticclub.org
or email www.chinookswimming@hotmail.com