



July 7, 2009

**To:** All Midlakes Swim Team Reps, Coaches, and Officers  
**From:** Mercer Island Country Club  
**Re:** Jr. Boys Finals

**Location:** Mercer Island Country Club, 8700 S.E. 71<sup>st</sup>, Mercer Island WA 98040

**Date/Time:** Wednesday, July 22; 4:15 pm Start  
MICC has swim/tennis lessons going on prior to the meet. Please do not arrive earlier than 2:00 pm.

**Entries:** Please turn entries in on Friday, July 17<sup>th</sup> before 10:00 am at Samena. Please email the volunteer form to [maryo@mercerislandcc.com](mailto:maryo@mercerislandcc.com) by 10:00 a.m. July 17<sup>th</sup>. Clubs submitting late entries and volunteer forms will be fined. Entries submitted without volunteer forms will be considered late and fined according to midlakes policy.

**Volunteer Sign-up sheets:** Due with entries and attached

**Warm Ups:** Warm up lanes will be posted on the pool deck. The time schedule is below.

2:30 – 3:00	MICC, SAM, OL, SS, TRI, MH, RH, NYC, WR
3:00 – 3:30	NH, MSC, FW, NW, PL, MIBC, HW, PINE, SW
3:30 – 4:00	EB, KLA, PLAT, TOS, KGG, KGM, KGR, STC

One-way sprint lanes will be available the last 10 minutes of each session.

**The pool will be cleared of all swimmers at 4:00.** The shallow end will be available for warm-up, warm-down only.

**TIMERS AND AWARDS VOLUNTEERS:** Each club is required to provide volunteers for timing and awards. Please complete and e-mail the attached form by July 17<sup>th</sup> at 10:00 a.m.

**TIMERS & COUNTERS for the 500s:** The meet will be swum in event order meaning the 500s will NOT be swum at the end of the meet. Swimmers must provide their own counters for the 500s. Timers will be provided.

**MEETINGS:** Scratch: 3:30 - Please meet in the coaches' hospitality room (in the lounge)  
Timers: 3:45 - Please meet on the pool deck by the officials tent (GREEN)  
Officials: 3:45 - Please meet in the coaches' hospitality room

**COACHES:** Designated seating will be provided along the pool deck. Heat sheets will be provided for each coach named on the volunteer form. Please check in with the Volunteer Coordinator to receive your team packet.

**EVENT MAP:** Will be posted at the club.

**TEAM AREAS:** Team areas will be available on the north outdoor tennis courts. The pool deck will be closed except for volunteers and athletes. Therefore, no tents, lounge chairs, or large equipment will be allowed on the cemented pool area or on the tennis courts.

**CONCESSIONS & HOSPITALITY:** MICC will provide concessions for purchase and hospitality for the coaches and officials.

**HEAT SHEETS:** Heat sheets will be available for purchase.

**T-SHIRTS:** Midlakes Championship T-shirts will be available for purchase.

**PARKING:** We encourage you to carpool, as parking is extremely limited. Parking will be available in the MICC parking lot for **coaches and officials only**. Coaches will be provided a maximum of 2 parking spots per team.

Spectators and swimmers must park in the south parking lot at **Islander Middle School** (directions attached). **If you are late, you may drop off your swimmers at the street entrance to the club before you catch the shuttle.** No Parking along the SOUTH side of SE 71<sup>st</sup>.

#### **DIRECTIONS TO ISLANDER MIDDLE SCHOOL:**

From I-90 to Mercer Island, take the Island Crest Way exit. Follow Island Crest to SE 68th Street, the 4-way stop. At the stop sign, turn right onto SE 68th. Go to 84th Avenue SE, another 4-way stop. At the stop sign, turn left. Follow 84th till the roadway curves right, and it becomes 72nd Street. Islander Middle School is at the corner on the left side of the street. To get to the back parking lot, keep south on 84th Avenue, turning left at the curve and go straight till you see the entrance on your right.

#### **DIRECTIONS TO MICC:**

From I-90 eastbound: Take exit **#7/ISLAND CREST WAY**  
Turn **LEFT** on **ISLAND CREST WY** - go **3.3** mi – turn **RIGHT** onto **SE 71<sup>st</sup>** – MICC is on the **RIGHT**

**Midlakes Jr. Boys Prelims/Finals**  
 Hosted by the Mercer Island Country Club  
**Wednesday July 22, 2009**

**Parent Volunteers**

Each club must provide timers and one awards person for the meet.

**Please email this completed form to [maryo@mercerislandcc.com](mailto:maryo@mercerislandcc.com) by **July 17, 2009****

**Timers:** The timers must have timed a minimum of two dual meets and must provide their own digital stopwatch. A schedule of timer assignments will be emailed to you/your team volunteer coordinator and posted at the meet. All Timers must check in with the MICC Volunteer Coordinators.

Timer Check In: 3:15pm. Location: Volunteer Check In Timers Meeting: 3:45pm. Location: North Side Pool Deck near Officials Tent Session 1: 4:15-6:30 Session 2: 6:30-9:00 (or end)
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<b>Awards Person:</b> One volunteer to help apply labels to ribbons and help organize awards for swimmers. Check In: 3:15pm. Location: Volunteer Check In Report To: MICC Formal Lounge (behind concessions) Session1: 4:15-6:30 Session 2: 6:30-9:00 (or end)
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<b>TEAM NAME:</b> _____ Number of Seniors Entered: _____
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**Team Volunteer Coordinator:**

Name	Email Address	Cell Phone

**Parent Volunteers:** Please provide accurate email addresses. While we will do our best to accommodate each request, we cannot make any guarantees.

# of Swimmers Entered	Timer Name	Email Address	Session Preference (if any)
1-6			
7-12			
13-18			
19-24			
25-30			
31-36			
<b>Timer on Standby</b> <small>(in case one of your timers can't make it)</small>			
<b>AWARDS</b>	<b>Name</b>	<b>Email Address</b>	<b>Session Preference</b>
Awards Person			

