

# Tam o'Shanter Golf and Country Club



**Date:** July 7, 2009  
**To:** Division IV Representatives and Coaches  
**From:** Tam O'Shanter Swim Team  
**RE:** Division IV Championship Meet

Tam O'Shanter Swim Team is excited to extend an invitation to all Midlake's Division IV Swim Teams to join us at the 2009 Division Championships. Please find below details specific to this year's meet. We look forward to seeing you at our pool!

**Location:** Tam O'Shanter Golf & Country Club  
1313 183<sup>rd</sup> Ave NE, Bellevue, WA 98008  
425-746-3855

**Date & Time:** Saturday, July 18, 2009; 9:00 am

**Meet Director:** Carol Baker [cmbaker@comcast.net](mailto:cmbaker@comcast.net)

**Entries, Rosters & Volunteer Lists:** E-mail the following items to the Lead Scorekeeper, Patty Ray, [patty.ray@comcast.net](mailto:patty.ray@comcast.net),  
**no later than Wednesday, July 15 at noon.**  
✓ Team Manager export of Meet Entries  
✓ Team Manager export of Athletes/Teams  
✓ Completed Volunteer List  
✓ Completed Team Contact Form

**Warm-Ups:** 7:00 – 7:25 am Triangle  
7:25 – 7:50 am Phantom Lake  
7:50 – 8:15 am Seattle Tennis Club  
8:15 – 8:40 am Kingsgate Monarchs

Tam O'Shanter will not warm up on meet day.

The pool will be cleared of all swimmers at 8:40 am so the clerk of course can begin staging relays.

**Meetings:**

- Scratch:** 8:00 am upstairs in room adjacent to restaurant
- All Stroke & Turn Officials:** 8:30 am in hospitality room
- 1<sup>st</sup> Shift Relay Judges:** 8:30 am on building side of pool near blocks
- 1<sup>st</sup> Shift Timers:** 8:30 am at starter's station on parking lot side of pool near blocks
- 2<sup>nd</sup> Shift Timers:** Approximately 10:30 am at Volunteer check-in table
- 3<sup>rd</sup> Shift Timers:** Approximately 12:30 pm at Volunteer check-in table
- 3<sup>rd</sup> Shift Relay Judges:** Approximately 12:30 pm at Volunteer check-in table

**NOTE:** Please listen for call for meeting as meet pacing will have an effect on the timing of 2<sup>nd</sup> and 3<sup>rd</sup> shift meetings.

- Coaches:** Seating will be reserved for coaches on the parking lot side of the pool deck. Heat sheets will be provided. Coaches will also be given a coupon for a complimentary meal from the concessions near the pool deck along with access to the hospitality room for other meal and snack options.
- Hospitality Room:** A hospitality room will be available for all coaches, stroke and turn officials, starters and referees. This room is located at the shallow end of the pool.
- Stop Watches** All clubs need to provide digital stop watches for their own timers.
- Team Areas:** Bleacher seating on the pool deck is available for meet spectators. All teams are welcome to camp out on our golf course in the areas off of the parking lot. Putting greens, sand traps, tee boxes and ponds will be roped off. Please help your swimmers and parents understand these areas are not available for seating or playing.
- Concessions:** Heat sheets will be available for \$2.00.
- Midlake's Championship T-shirts will be available for purchase.
- Meet concessions will be available near the camp out area. Breakfast items will be served in the morning followed by a lunch menu.
- Restaurant style dining is available to everyone at our Mulligan's Restaurant located on the upper floor of the clubhouse. Shoes, shirts and cover up must be worn inside.
- Parking** Each team will be given 10 reserved parking spaces in the parking lot to accommodate their coaches, officials and volunteers. Each team will submit the names of those assigned with the entries.
- Street parking will be available all around the clubhouse and adjacent streets.
- Pets** No pets allowed on the property including the camping area.

## **Additional Information for Coaches:**

### **ENTRIES:**

All entries must have times. For relays please make your best estimate for the 4 swimmers or use the Custom Calculate option in Team Manager 5.0. Swimmers may not be entered in any events that they have bettered the BDQ time before July 15, 2009. Also, once a swimmer has achieved a BDQ time in a given stroke, they may not swim that same stroke as part of a relay at the Division Championships.

### **RELAY ALTERNATES:**

Substitutions may be made in relays for injury or illness. When a substitution is made, the swimmer who is deleted may not swim in any events. The substitute swimmer must be listed as an alternate on the entry sheet. Regulation for Championship Meets still applies to the new swimmer regarding number of events entered.

### **POOL RULES:**

Our shallow end is 3 ½ feet deep. Therefore no shallow end diving is allowed.

## Directions to Tam O'Shanter:

1313 183<sup>rd</sup> Ave NE, Bellevue, WA 98008

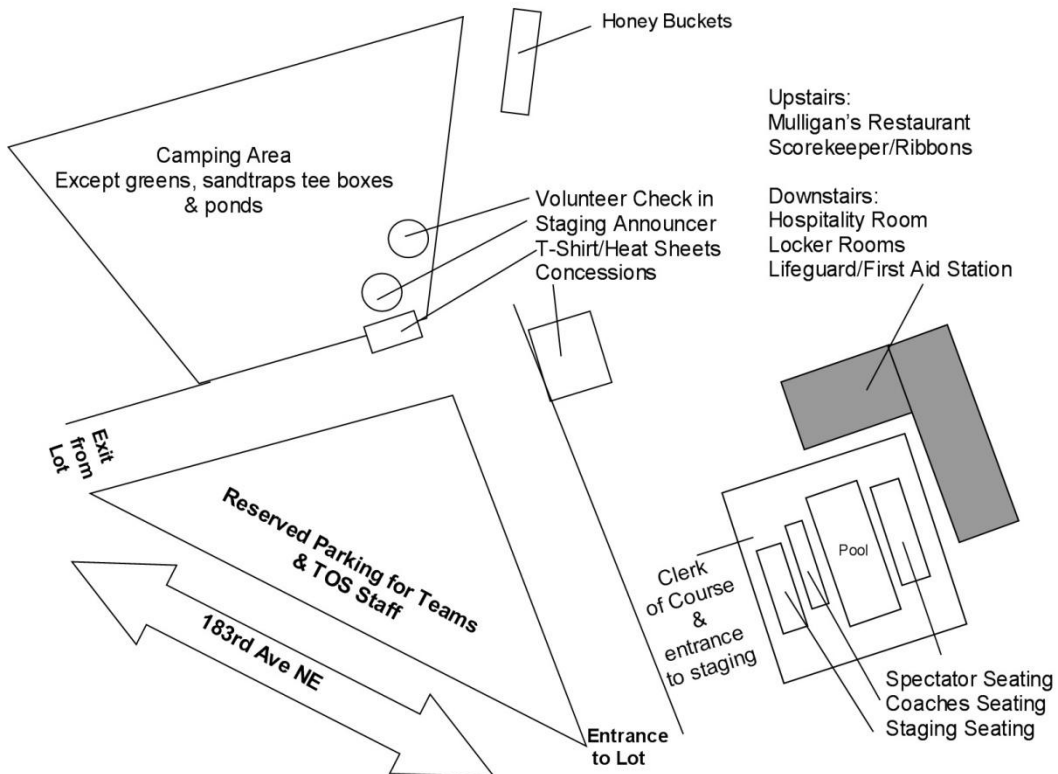
### From 520 Eastbound:

Take the 148<sup>th</sup> Ave NE Southbound exit and stay in the left lane.  
Turn right onto 148<sup>th</sup> Ave NE.  
Stay in center lane for you will take the first left onto NE 24<sup>th</sup> St.  
Continue on NE 24<sup>th</sup> St down the hill.  
Turn right onto 182<sup>th</sup> Ave NE.  
At 'Y' turn left onto 180<sup>th</sup> Ave NE.  
Turn left onto NE 13<sup>th</sup> St. Clubhouse is immediately on your left.

### From NE 8<sup>th</sup> St:

Head eastbound on NE 8<sup>th</sup> St towards Lake Sammamish.  
At 'T' turn left onto Northup Way.  
Take first right onto NE 10<sup>th</sup> St.  
Follow NE 10<sup>th</sup> St. It will turn into NE 13<sup>th</sup> St.  
Clubhouse will be on left side.

## Site Map



**2009 League Shirt Designs**  
Available for purchase at B Champs



**Champs T-Shirt**  
Youth & Adult Sizes  
\$15



**Champs Sweatshirt**  
Youth & Adult Sizes  
\$35



**Epic Limited Edition Midlakes Sweatshirt**  
Adult sizes only  
\$35