

CHOP CHOP SALAD

Serve 6

1 head romaine lettuce, finely chopped
4 plum tomatoes, seeded and finely chopped
1 red bell pepper, seeded and finely chopped
1 c. each diced: dry Italian Salami, smoked turkey and
Mozzarella cheese
1 c. canned garbanzo beans, drained
½ c. diced red onion

½ c. red wine vinegar
2 T. freshly squeezed lemon juice
1 T. Dijon mustard
3 medium cloves garlic, minced
2 tsp. dried oregano
1 tsp. freshly ground black pepper
½ tsp salt
½ tsp sugar
¾ c. olive oil

For dressing, place vinegar, lemon juice, mustard, garlic, oregano, pepper, salt and sugar in the bowl of a food processor. Blend for 30 seconds. Slowly drizzle in oil, blending until emulsified.

Combine salad ingredients in a large bowl and toss to mix. Pour dressing over, toss again and serve immediately.