

Midlakes Division II -- B CHAMPS
Saturday July 19th 2008
Rolling Hills Pool
1601 Rolling Hills Ave. SE

To: Coaches & Team Reps.,

Enclosed you will find information regarding Division II B-Champs. Please read all the information carefully. This information will also be posted at www.midlakesswimleague.org under Championship Meets.

Theme-We will be having a Hawaiian theme for "B" Champs this year.

Entries-Please note that team entries must be received at the **Rolling Hills Pool by 10:00am on Monday, July 14th**. Consult your Midlakes handbook for all rules and regulations regarding B-Champs entries. Michelle Lemke will be at the pool from 8:00am – 10:00am to accept your entries and fees. Please bring the following:

- **Hard Copy of all entries**
- **TM export of entries on a disk (I will not have my computer there, so I need the entries on a floppy. You may also e-mail me a TM export by 10:00am Monday July 14th to jonlemke1@comcast.**
- **Entry Fee Report-\$1.50 per person/per event for individual entries and \$6.00 per team entered for each relay**
- **Check for your entry fees made payable to Midlakes Swim League**
- **Team Information Form**
- **Volunteer Lists (4 pages)**

Coaches-The South Side of the pool deck is reserved for Coaches ONLY. (The side near the kiddie pool) We ask for your assistance in communicating to your parents they are not allowed on this part of the deck. Hospitality for coaches will be available in the pool office.

Parking-We will provide each team with two reserved coaches' parking spots. Pick up your coaches parking pass on Monday, July 14th when you drop off your entries. We encourage people to car pool, as parking is limited. Please have parents and swimmer's park in the big field behind the pool until that is full. Street parking is available also. Please do not park in the Rolling Hills Town-home lot near the pool.

Team Areas-All teams will be setting up near the basketball court and tennis court area. The bleachers on the North side of the pool deck will provide short-term spectators seating. Please do NOT set up on the pool deck. You may come and go to watch your swimmer to allow for optimum viewing for everyone. Please use the porta potties that will be available on the basketball court. A map of the area will be e-mailed to you prior to the event.

Heat Sheets-Heat Sheets will be provided to all coaches and meet judges. Spectator Heat Sheets will be available for purchase for \$5.00 the day of the meet. Advertising will be available \$50 full page, \$25 half page. Please contact Michelle Lemke at jonlemke1@comcast.net for details if interested.

T-Shirts-Midlakes t-shirts will be sold on site.

Concessions - Breakfast from 7:00am – 10:30am Lunch 11:00am – 3:00pm.

A wide variety of items will be available for breakfast and lunch. Checks will be accepted, but cash is encouraged.

Volunteers - Midlakes B Champs are a division-wide effort. To ensure fairness for all swimmers and teams, we are asking for volunteers from each team to act as timers; judges; stagers; and with awards. Please see attachment for volunteers needed. All volunteers please check in at the check in table and receive a nametag.

Timers - Timers must provide their own watches and report when assigned.

A list will be sent out to the teams prior to the meet after the volunteer lists are turned in.

Warm up-

Team	Lanes	Warm-up Time
Rolling Hills	1, 2	7:15-7:45
Fairwood	3,4	7:15-7:45
Norwood	1, 2	7:45-8:15
Strattonwood	3, 4	7:45-8:15
Kingsgate	1,2	8:15 – 8:45
Klahanie	3,4	8:15 – 8:45

Meet Schedule-

- 7:00 am Breakfast Concessions Open, lunch starts at 11:00am
- 7:15 am First Warm up begins
- 7:30 am Heat sheets & T-Shirt Booth opens
- 8:15 am Coaches Meeting (kiddie pool area)
- 8:30 am Timers and Judges Meetings
 These meetings are required for ALL timers and Judges, even later shifts
- 8:45 am Clerk of Course area opens
 all first shift volunteers must check in at staging area
- 8:55 am National Anthem
- 9:00 am Meet Begins
- 11:00 am 2nd Shift Timers and Judges
- 1:00 pm 3rd Shift Timers and Judges
- 3:00 pm 4th Shift Timers and Judges

Medals and Ribbons will be available at the end of the meet. Please have someone assigned to pick them up.

Contact Information-

Michelle Lemke Parent Rep. 425-235-0382 jonlemke@comcast.net

Connie Sholdra Officials Rep. sholdras@yahoo.com

Rolling Hills Pool 1601 Rolling Hills Ave. SE Renton, WA 425-226-6702

WE LOOK FORWARD TO SEEING YOU AT B-CHAMPS

MIDLAKES DIVISION II -B CHAMPIONSHIPS
July 19th, 2008 @ Rolling Hills Pool

Team Information Form

Please return this form with Division II Championship Entries on July 14th.

Club _____ Phone _____ Email _____

Representative:

_____ Phone _____ Email _____

_____ Phone _____ Email _____

Please list all of your coaches so that we can make heat sheets for all.

Coaches:

Head _____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

Please fill in the name of the person willing to help with staging and awards next to your team's name.

Staging	8:45am-10:45am	10:45am-12:45pm	12:45pm-2:45pm	2:45pm-End
	RH	RH	RH	RH
	KL	SW	KGG	FW
	FW	KGG	NW	KL

Awards	9:30am-11:30am	11:30am-1:30pm	1:30pm-3:30pm	3:30pm-End
	RH	RH	RH	RH
	RH	RH	RH	RH
	KL	SW	NW	FW

Division II B Championships Volunteer Listing

Timers

9:00-11:00

Team	Volunteer	Lane #
Norwood		1
Norwood		2
Strattonwood		3
Strattonwood		4
Rolling Hills		1
Rolling Hills		2
Fairwood		3
Fairwood		4
Kingsgate		1
Kingsgate		2
Klahanie		3
Klahanie		4
Rolling Hills - Back Up Timer		
Klahanie – Back Up Timer		

11:00-1:00

Team	Volunteer	Lane #
Norwood		1
Norwood		2
Strattonwood		3
Strattonwood		4
Rolling Hills		1
Rolling Hills		2
Fairwood		3
Fairwood		4
Kingsgate		1
Kingsgate		2
Klahanie		3
Klahanie		4
Norwood - Back Up Timer		
Kingsgate – Back Up Timer		

1:00-3:00

Team	Volunteer	Lane #
Norwood		1
Norwood		2
Strattonwood		3
Strattonwood		4
Rolling Hills		1
Rolling Hills		2
Fairwood		3
Fairwood		4
Kingsgate		1
Kingsgate		2
Klahanie		3
Klahanie		4
Strattonwd - Back Up Timer		
Klahanie – Back Up Timer		

3:00- End of Meet

Team	Volunteer	Lane #
Norwood		1
Norwood		2
Strattonwood		3
Strattonwood		4
Rolling Hills		1
Rolling Hills		2
Fairwood		3
Fairwood		4
Kingsgate		1
Kingsgate		2
Klahanie		3
Klahanie		4
Fairwood - Back Up Timer		
Rolling Hills– Back Up Timer		

Judges - Stroke and Turn and Relay Take-off*

9-11

Team	Volunteer	Phone Number
Klahanie		
Kingsgate		
Strattonwood - Relay Take-off		
Fairwood -Relay Take-off		

11-1

Team	Volunteer	Phone Number
Norwood		
Rolling Hills		

1pm -3pm

Team	Volunteer	Phone Number
Strattonwood		
Fairwood		

3pm - End of Meet

Team	Volunteer	Phone Number
Kingsgate		
Rolling Hills		
Klahanie - Relay Take-off		
Norwood - Relay Take-off		

* All judges must have attended the 2008 Midlakes training