

JULY 1, 2006

TO: ALL MIDLAKES SWIM TEAM REP, COACHES, AND OFFICERS
FROM: SAMENA SWIM CLUB
SUBJECT: JR. BOYS PRELIMS

LOCATION: Samena Swim Club; 15231 Lake Hills Blvd., Bellevue, WA 98007.
(425) 746-1160

DATE/TIME: Tues., July 18, 2006; **5:00pm START (Please note: the start time has been updated to 5:00pm.)**

ENTRIES: Please turn entries in on Friday, July 14th between 9:00 AM & 10:00 AM at Newport Hills.

WARM UPS: Warm up lanes will be posted on the pool deck. Outdoor pool team warm up scheduled is below. (In addition, throughout the evening, the Samena indoor pool will be available for warm-ups only. Indoor pool will not be assigned by team.)

3:15-3:45 PM: SAM, NH, KGG, WR, TOS, TRI, KLA, HW, RH, FW, MH

3:45-4:15 PM: MICC, ST, NW, PL, PLAT, NYC, STC, PINE (Columbia Ath)

4:15-4:45 PM: EB, MSC, OL, MIBC, KGM, SS, KGR

The Pool will be cleared of all swimmers at 4:45PM

TIMERS: Each club will provide one timer for every 1- 8 swimmers entered in the Jr. Boys Prelims. The individuals selected must have timed two dual meets and provide their own digital watch.

MEETINGS:

Scratch: 4:30pm Please meet in the coaches' hospitality room.

Timers: 4:40pm Please meet on the pool deck directly behind the starting blocks.

Officials: 4:50pm Please meet in the coaches' hospitality room.

COACHES: Designated seating will be provided along the east side of the pool.

EVENT MAP: See enclosed map for club set-up.

TEAM AREAS: Plenty of tent spaces will be available in the park area located in the southwest corner of the club property. No tents, lounge chairs or large equipment will be allowed on the pool decks (upper and lower). Plenty of bleachers will be set up on the upper and lower decks to insure spectators have a place to sit.

The back park area will have speakers from the pool desk in order for swimmers and families to hear when the events will take place. The back park area has minimal shade and/or cover from the rain.

CONCESSIONS: Heat sheets will be available for \$4.00. Midlakes Championship T-shirts will be available for purchase. Samena Swim Club will provide hospitality for the coaches and officials as well as concessions for swimmers and spectators.

DIRECTIONS TO SAMENA:

From Mercer Island: Head east on I-90 take exit 11B (148th) exit and head north for approx. 1 ½ miles to Lake Hills Blvd.; take a right on Lake Hills Blvd.; go ½ mile and Samena is on the right.

From the North: Take I -405 south to SR 520 heading east towards Redmond; take the 148th SOUTH exit; head south for 2 ½ miles to Lake Hills Blvd.; take a left on Lake Hills Blvd.; go ½ mile and Samena is on the right.

From the South: Take I-405 north to I-90 EAST (Spokane) exit; take exit 11B (148th SE); go approx. 1 ½ miles to Lake Hills Blvd.; take a right on Lake Hills Blvd.; go ½ mile and Samena is on the right.

Samena Club is a family recreation club. Consumption of alcohol, smoking and pets are prohibited. Thank you.

PARKING:

PARKING IN SAMENA CLUB PARKING LOT and at the LAKE HILLS SHOPPING CENTER (2 blocks to the east of Samena Club). Side street parking is prohibited. Two shuttle vans will be available throughout the event to transport swimmers and spectators from the Lake Hills Shopping Center and the club front entrance. Thank you.

Attached to this letter is a flyer for posting at your club noting the time, date, directions, and club map.

**Junior Boy Prelims
Tuesday, July 18, 2006
Parent Volunteers**

Each club must provide one timer for every 1-8 swimmers entered as well as a back-up. The timers must have timed a minimum of twice in dual meets. Each timer must provide his or her own digital watch. There will be check-in tables for all volunteers. Please arrive at the pool at least 30 minutes prior to the timers meeting. A schedule of timer's assignments will be posted at the meet. Timers are responsible for reviewing the schedule to determine their assignment.

There will be a timer's meeting at 4:40 p.m., July 18th.

Please indicate a time preference, if necessary. While we do our best to accommodate time requests, there are no guarantees. **Please return this form with your Jr. Boys entries on Friday, July 14th between 9:00 AM & 10:00 AM at Newport Hills.**

Team Name: _____

One club e-mail address for confirmation of timers' assignments: _____

Number of boys entered _____

Session 1: 4:50 – 7:00 p.m.

Session 2: 7:00 – 9:00 p.m. (or end)

# of Swimmers entered	Timer Name	Phone #	Session preference (if any)
1 – 8			
9 - 16			
17 - 24			
24 - 32			
32 - 40			
40 - 48			
48 +			

If you have any questions, please contact Toni Rezab at tonirezab@hotmail.com

FYLER FOR POSTING/DISTRIBUTION TO SWIMMERS

**Junior Boy Prelims
Tuesday, July 18, 2005**

Samena Swim Club

15231 Lake Hills Blvd.

Bellevue, WA 98007

(425) 746-1160

START TIME IS AT 5:00 PM

WARM UP TIME FOR YOUR CLUB IS NOTED BELOW

Directions to the Samena Swim and Recreation Club

From Mercer Island: Head east on I-90 take exit 11B (148th) exit and head north for approx. 1 ½ miles to Lake Hills Blvd.; take a right on Lake Hills Blvd.; go ½ mile and Samena is on the right.

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From the South: Take I-405 north to I-90 EAST (Spokane) exit; take exit 11B (148th SE); go approx. 1 ½ miles to Lake Hills Blvd.; take a right on Lake Hills Blvd.; go ½ mile and Samena is on the right.

Parking: Parking in Samena Club parking lot and at the Lake Hills Shopping Center (2 Blocks to The East of Samena Club). Side street parking is prohibited. Shuttle vans will be available throughout the event to transport swimmers and spectators from the Lake Hills Shopping Center and the club front entrance.

Please Note: Plenty of tent spaces will be available in the park area located in the southwest corner of the club property. There is minimal shade and/or cover from the rain.

TIMERS MEETING for timer volunteers: 4:40pm; pool deck directly behind the starting blocks. Thank you for volunteering. We truly appreciate your time.

WARM UPS: Warm up lanes will be posted on the pool deck. Outdoor pool team warm up scheduled is below. (In addition, throughout the evening, the Samena indoor pool will be available for warm-ups only. Indoor pool will not be assigned by team.)

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